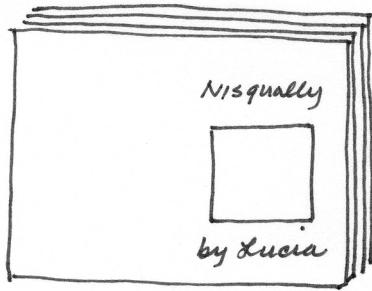
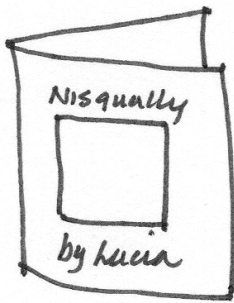


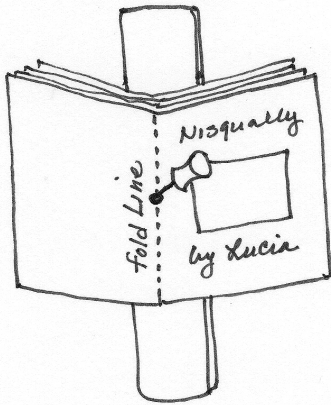
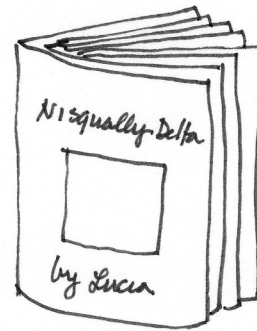
## *Nisqually Delta Restoration Puzzle Instructions for Binding the Booklet*



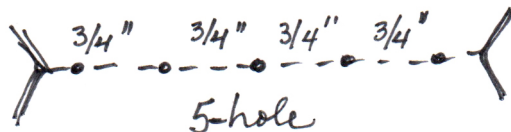
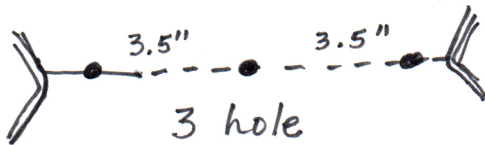
1. Arrange the 8.5 x 14" legal sized pages in order using the page numbers at the bottom of most pages. Because the pages are two-sided, this may be tricky. Imagine that the entire booklet will be folded in half, and then numbering will make sense.



2. Fold each page in half and slip one inside the other until the six sheets nest together.



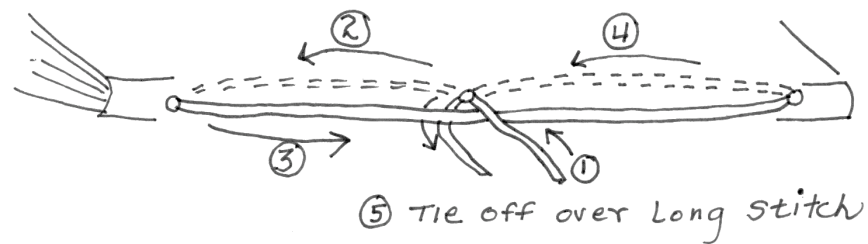
3. Open the booklet and place it on top of a folded hand towel. Use an awl or pushpin to poke a hole in the center along the fold.



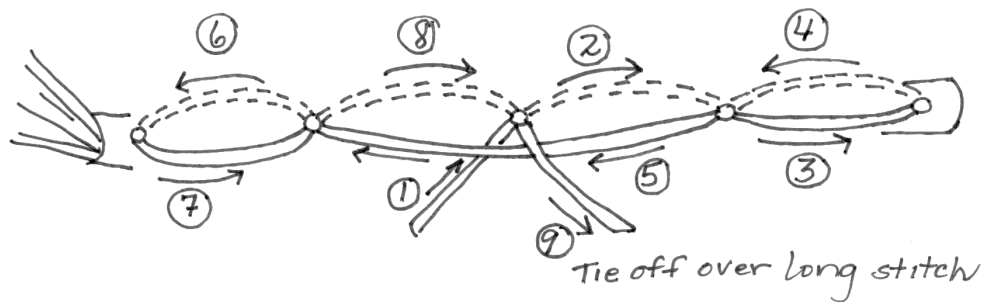
4. For a three-hole binding, make two more holes about 3.5 inches from the center hole on each side (head and tail). For a five-hole stitched book, punch 1 hole  $\frac{3}{4}$  of an inch from the center on each side. Then punch 1 hole  $\frac{3}{4}$  of an inch from that for a total of 5 holes.

5. Follow the three-hole or five-hole patterns for stitching below. Use a heavy 2-4-ply weight waxed thread. Begin sewing on the outside of the booklet to have an outside tie-off. Begin on the inside for an inside knot.

### 3-HOLE



### 5-HOLE



Source: adapted from a Julia Leonard handout and La Plantz's *Cover to Cover: Creative Techniques for Making Beautiful Books, Journals and Albums*.