

# Indoor Walk, Rock & Roll!

## Noon to 1pm

Monday, April 10

Thursday, April 13

Monday, April 17

Wednesday, April 19

Monday, April 24

Wednesday, April 26

Monday, May 1

Thursday, May 4

Monday, May 8

Wednesday, May 10

Monday, May 15

Thursday, May 18

Monday, May 22

Thursday, May 25

Thursday, June 1

Monday, June 5

Thursday, June 8

Indoor walking on the Library Lobby 3rd floor indoor walking track.

This activity will be held Spring quarter twice a week, between 12:00-1:00 p.m. **beginning Monday, April 10.**

All levels of activity are welcome to participate at any pace, at any method of movement. Walking is more enjoyable when shared with others! Participants will get a free lap counter to keep and track laps.

*Hosted by Andy Corn,  
Interim Dean of Student Affairs*