

D i a l o g u e w i t h m u s i c



Harmony resonance

— Sound in its surroundings

Team members



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● Chapter One

The Relationship between Music and the Individual

網易公开课

- Unleashing Potential and Enhancing Creativity
- Emotional Regulation and Enhanced Psychological Resilience
- Expanding Horizons and Enhancing Cross-Cultural Communication

● Chapter Two

How sound and music frequency contribute to emotional, physical and mental health

We will demonstrate through some examples that the **rhythm**, **melody**, and **other elements** of music have multiple impacts on physiology and psychology.



● Chapter Three

How does music improve the overall health of an individual, culture, or society?



- Music is beneficial to human physical and mental health.
- Music can inherit culture.



- Music is also a tool for social communication.



● How is music used as soundtrack in movies?

- The role of music in movies



电影是一种通过屏幕感受情感的艺术形式

● Chapter Four

Recorded music



《Walker》

Thank you all for watching!

- **Source**

① <https://b23.tv/qkgJ7MC>

② <https://b23.tv/OiKH24u>

③ <https://b23.tv/d4MwV2v>

④ <https://b23.tv/fOvKtbH>

⑤ <http://xhslink.com/a/3CxD1JnRKFKX>

⑥ <https://b23.tv/m8LeqAc>

