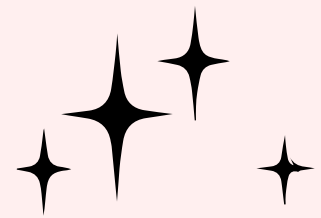
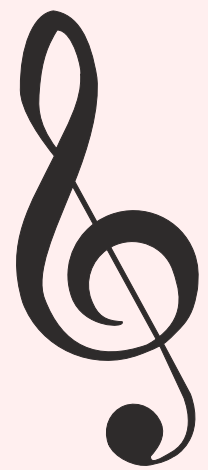




Music & Movement



Group 4



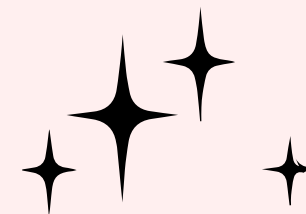
MEMBERS



1. Phạm Thu Sương



2. Trần Hồ Quốc



3. Trần Diễm Quỳnh

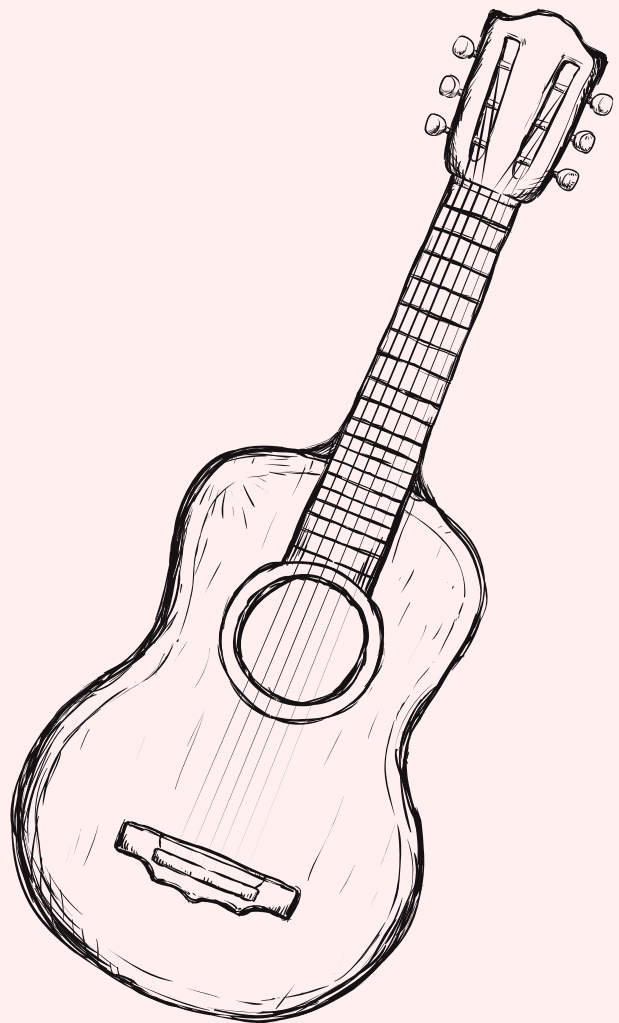
Contents



 1. Vietnamese traditional music

 2. Vietnamese traditional dancing

 3. Benefits of music & movement



1. Vietnamese traditional music



Don Ca Tai Tu



The Origin: Mekong Delta region



The mix of singing and traditional instruments

Cai Luong



A special music genre



A mix of old folk tunes, classical melodies, and a touch of modern flair



2. Vietnamese traditional dance

Trong
Com
Dance



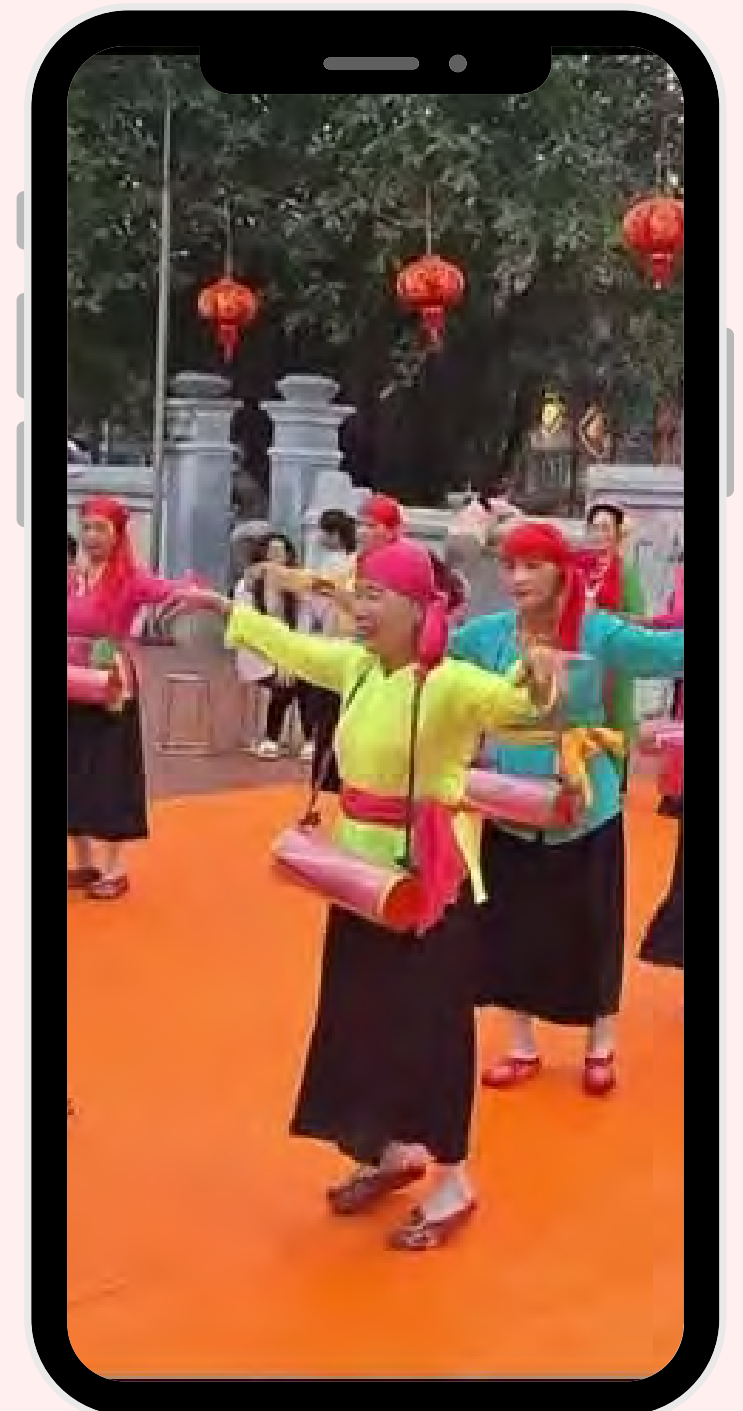
Literally means Rice Drum



Popular in the North of the country



A symbol of peaceful, enjoyable and comfortable life





The Sap Dance



In the Northwest of Vietnam



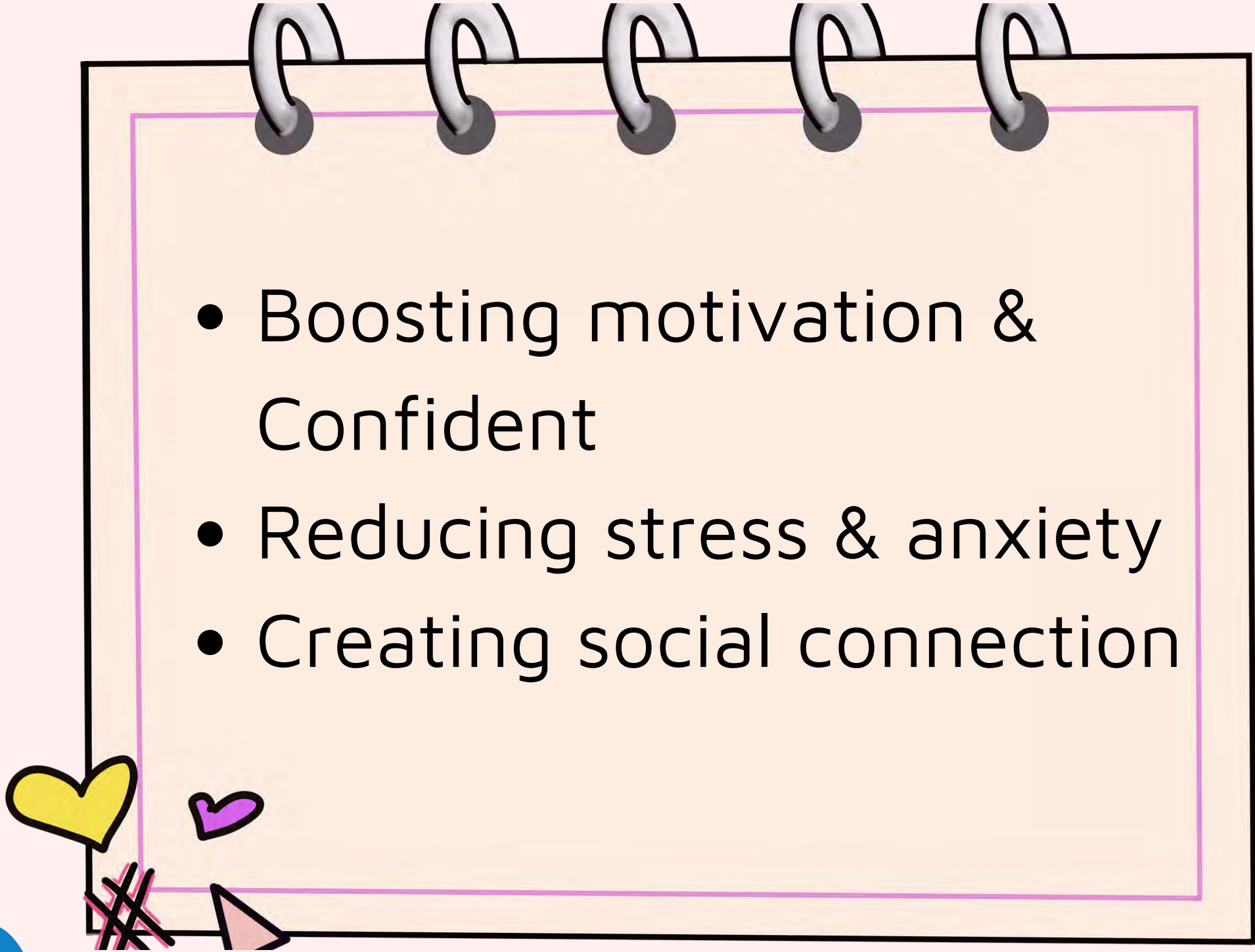
The chance for boys and girls to get
to know each other



The participants are usually boys and
girls in villages



3. Benefits of music & movement

- 
- Boosting motivation & Confident
 - Reducing stress & anxiety
 - Creating social connection





**THANK YOU
FOR
LISTENING**