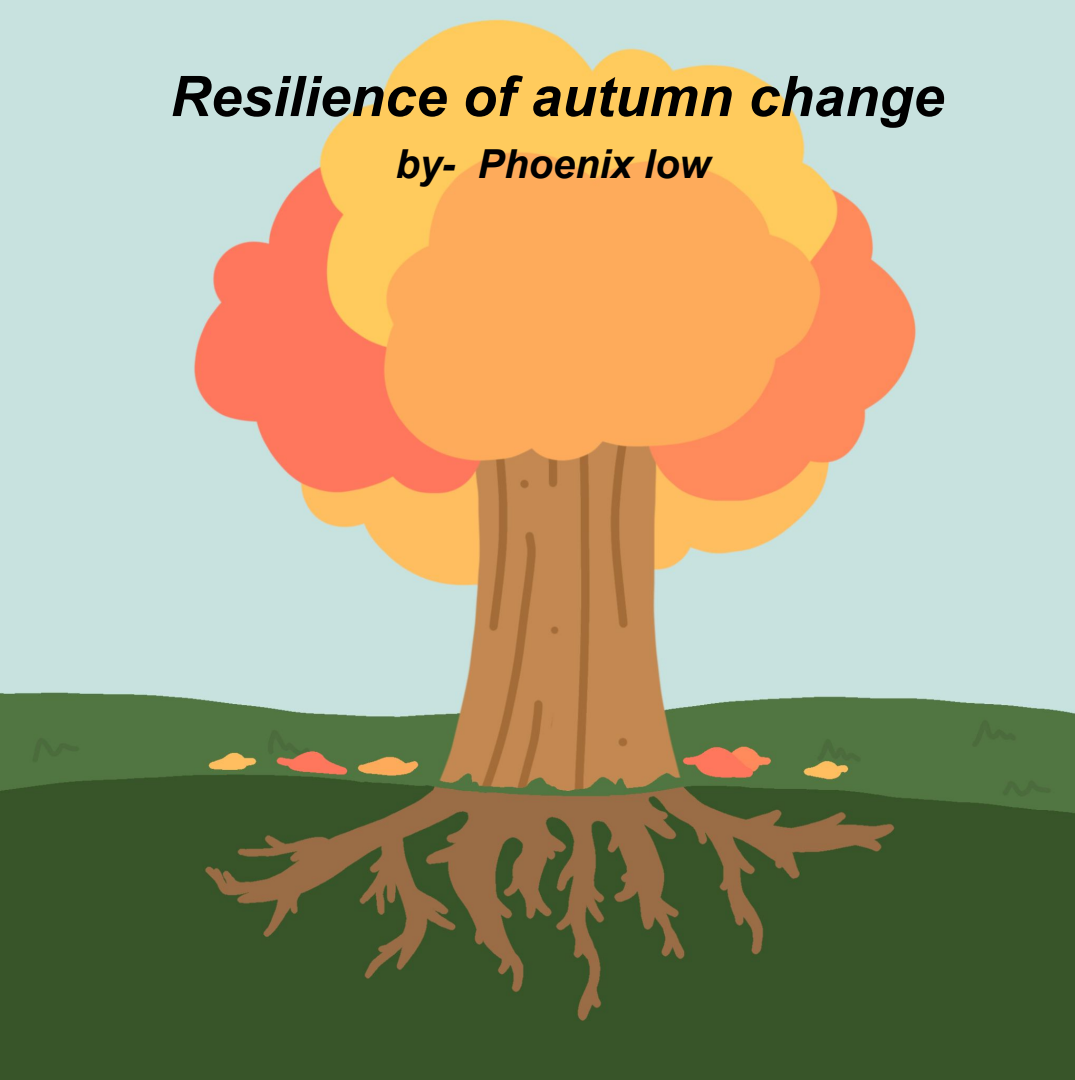


# Group 4 Autumn

Amy, Emma, Lauren, Phoenix

# ***Resilience of autumn change***

***by- Phoenix low***



In times of change and growing of age  
And the world turning a new page  
Nature preserves

While showing strength  
They will go the length  
While we waver in the cold  
Trees stand tall not willing to fold  
While we wallow in the dark of night  
Nature is willing to fight  
Conserving energy and nutrients too  
They will always pull through

Resilience is standing your ground  
Resilience is not being root bound  
Resilience is growing strong  
Resilience is being where you belong  
Resilience is working with challenges  
Resilience is working with imbalances

Nature perseveres  
Nature grows throughout the years  
Nature is resilient  
Nature is brilliant

# An Ode to Autumn

The first leaf fell the day before my sister's wedding  
I noticed how the world was changing as the days went on  
Do we notice this change within ourselves?  
How much has changed since the last rain

The tree outside my window is holding onto three leaves  
now  
All golden facing towards the sun  
My meals have changed with the season  
The harvest is rich and warm  
I thank the summer for revealing things fall will heal

It is time to return to the den  
To nourish the soul  
Gold turns to silver  
And we are new for spring

-Lauren Smith





## Connected

Digital Art by Amy Nichols

# Fall Wind Comes

Emma Hodge

Medium: paper, marker

