Syllabus for Contemporary Dance

Class meets Fridays 3 - 4:50pm, Room 209 Com Building

Instructor: Jehrin Alexandria, MFA

Description: Contemporary Dance

This weekly course introduces contemporary dance through the integration of Authentic Movement, somatic dance practices as well as ballet, modern & jazz dance. No prior dance experience is required. Students will explore both structured technique and open improvisation, with emphasis on breath, alignment, internal sensation, and movement initiated from authentic impulse. Foundational choreographic tools will be introduced, culminating in a collaboratively created performance work.

Requirements for Complete Credit:

Expected Credit Breakdown: 2 credits in Contemporary Dance

1) You must attend a minimum of 9 out of 10 classes. You can make up classes missed in another section of ballet or contemporary. Please communicate with me if you are unable to attend class. Failure to do so may result in reduced credit or no credit.

2) Students must complete all homework assignments by the due date.

3) You must submit a self-evaluation by the end of evaluation week. This is part of your credit. Failure to do so will result in a one credit reduction. (Faculty evaluations are optional and appreciated.)

Attire Students are required to wear:

-Stretch pants and shirt or leotard, layering ok, no lingerie. I must be able to see your ankles and feet. Clothing should be comfortable.
-Students generally go barefoot or wear socks for contemporary dance. There are also half sole style dance shoes that can be purchased on Amazon https://a.co/d/g4marzY and you can check if Fuzi dancewear in Lacey has them. They are like a ballet slipper that only covers the toes.
-If hair is long, it can be put up or in a ponytail.

Contact:

If you need to reach me, please e-mail me at alexandj@evergreen.edu or jehrin@gmail.com. For a quick response please text me at 360-489-8729. I shut my phone off at night so no problem texting late.

Thank you!
Jehrin Alexandria, MFA