

Writing Trauma, Academic Fair Flyer

Faculty: Tara Hardy (Writing, Literature, & Storytelling, PaCE) Sem II 2102,
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Teaching Style: Tara is passionate about teaching, cares deeply about student success, and strives to live up to teaching as an art form. She fosters a lively environment that is rich with humor and compassion.

Description: Many of us write what haunts us—in order to heal, discover, expel, make meaning of, celebrate survival, and/or reach for connection. In this program, we will study writing about trauma and its impact. Trauma will be defined as interpersonal, social, systemic, historical, intergenerational, secondary, physical, and psychological. We'll study writing about trauma experienced as a result of systemic racism, white supremacy, colonialism, classism, transphobia, homophobia, sexism, ableism, ageism, war, and more. We'll write about the impact of trauma on people, communities, the world around us, and also ourselves. This is primarily a writing class, but the study of trauma will be part of how we approach writing. We'll study and write poems, stories, and spoken word. We'll read poems, stories, essays, scholarly literature, and we'll watch videos of spoken word and comedy. Students will assemble a collection of writing related to trauma, healing, and resilience. If you are interested in writing, and social and psychological healing through the arts, this program is for you. This program will be taught with a trauma-informed lens, and is specially designed to support those living at the intersections of identities and lived experiences.

This offering is connected to the Writing Trauma, Healing, and Resilience Certificate at Evergreen. For more information visit: <https://www.evergreen.edu/academics/professional-continuing-education/writing-trauma-healing-and-resilience>

This offering will prepare you for careers and advanced study in: Creative Writing, Psychology, Trauma & Resilience, Social Justice

Class Standing: freshman-senior

Special Expenses: none

Weekly Program Schedule: Remote, Monday & Wednesday evenings, 6-9:50pm starting September 30, 2024

Credits Awarded In: Creative Writing, Psychology of Trauma, Social Justice

Required Winter Texts:

- *The Body Keeps the Score*, Bessel van der Kolk

Major Assignments:

- Weekly seminar prep
- Weekly 2-page writing assignment