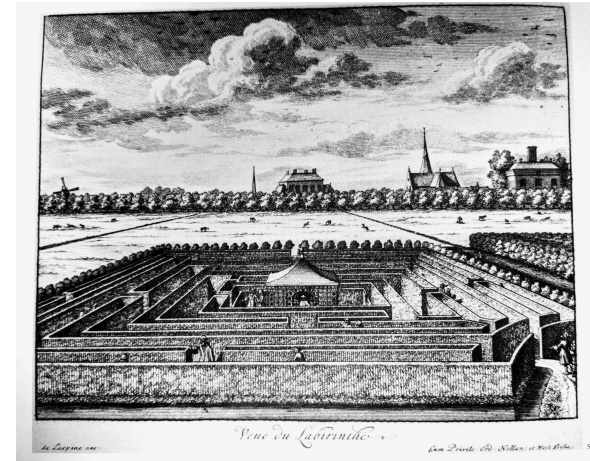


**PLEASE NOTE:** My Zoom Room at the Academic fair will also be hosting two potential internship site sponsors in psychology, art therapy, and social work. Visit us to learn more.

**Through the Labyrinth of Growth: Applying Psychology to Career Design / Summer 2023 / The Evergreen State College**



---

## Overview

This program will use the theme of labyrinths to approach the problems of career growth, life design, and decision-making. Between our two Zoom intensives, students will engage in a series of curated workshops on their own time, responding to weekly journaling prompts and posting assignments on canvas as art, writing, or in video format. With an understanding that the path is often not a straight line, this class will help you design your life path, and will help you find your next steps to a high-vitality career or pursuit.

Those enrolling in the 6 credit option will engage in an additional project such as: writing for applications/proposals of all kinds (grants, doctoral, and graduate programs, etc...), resume and CV creation, academic statement work, art portfolio creation, or any other project associated with their own personal professional development. Students hoping

to engage in the 6 credit option should begin the class with a project in mind, and be prepared to attend several additional asynchronous co-working activities throughout the second session of the summer quarter. For community-based service-learning internship options, please contact the faculty directly to arrange a separate ILC prior to the beginning of the summer quarter.

This program will intentionally support students in the development of their own emergent callings and career paths. This applies both to students who are well on their way toward a specific career, as well as those who are still exploring the next steps in nurturing their vocation. Those who have felt a call towards careers related to the above helping professions, public health, education, law, human resources, or any other public service orientation that heavily relies on a strong inner compass, will benefit from the practices and observations made in this program.

Cont...

## About the Faculty

Hello and thank you for your interest in this course.

My background is in teaching and working with trauma survivors and vulnerable populations through non-profit development, social work, and counseling in a variety of experiential settings: conducting animal-assisted psychotherapy on Washington farms and in my private practice, using body-centered awareness to help create access points for low-income youth to connect to nature on boats in the Puget Sound, and through creating a school to teach teens with disabilities carpentry and maritime skills. I value community work and will encourage community-based learning through your Evergreen journey. I have piloted two non-profit projects in Washington, and raised over a hundred thousands of dollars for each effort. During our time together I am here to be a resource to you as you begin or continue on your journey to create, propose, design, and follow through on your professional aspirations—at whatever scale you choose.

## Contact Instructions

The best way to contact me is via email: [Partridp@evergreen.edu](mailto:Partridp@evergreen.edu). My aim is to be responsive to my students within 24 hours.

## Course Requirements

My goal is to ensure that every student receives full credit. In traditional academia, students often do not lose credit for a course unless they receive a grade lower than 60% for the course. I follow a similar rubric. Students who are in close communication with me if they are not able to meet deadlines or course requirements will be given opportunities to share their cases and propose alternative solutions. Please email me if you are struggling with course content or have a life circumstance that is not allowing you to participate fully so that we can collaborate on a solution that fits your life while proving the learning that you have integrated.

## Student Resources

---

Support for Undocumented Students <https://www.evergreen.edu/undocumented/support-undocumented-students>

### Additional Questions, Contact:

- Juanita Hopkins: undergraduate students/para español /[juanita.hopkins1@evergreen.edu](mailto:juanita.hopkins1@evergreen.edu)
- Luis Apolaya Torres: graduate students/para español /[luis.apolaya\\_torres@evergreen.edu](mailto:luis.apolaya_torres@evergreen.edu)
- Trina Griffis: financial assistance/ [griffist@evergreen.edu](mailto:griffist@evergreen.edu)/360-867-5204

### Access Services

If any student has a health condition or disability that may require accommodations in order to effectively participate in this class, please contact Access Services for documentation and verification of appropriate accommodations. Information about a disability or health condition will be regarded as confidential. For more information see their [website](#) or call Access Services: (360) 867-6348. **That said, if you feel more comfortable contacting me directly with an accommodation request, please do so and I will be as responsive as possible, within my means.**

<https://www.evergreen.edu/access/access-services-students-disabilities>

### TRiO

TRiO Student Success works to provide holistic support that empowers our students to persist and graduate at a greater rate than those who don't use our services. Our services are targeted to serve and assist students who are low-income, first-generation, and/or those with documented disabilities to achieve graduation with their Bachelor's Degree. TRiO Student Success provides one-on-one support services from the day a student enters the program until graduation.

<https://www.evergreen.edu/trio/trio-programs-evergreen-state-college>

### Student Wellness Services

For counseling and health support- Included for you as a registered student!

<https://www.evergreen.edu/health/counseling-services>

**Crisis Clinic of Olympia** 360-586-2800 / <http://crisis-clinic.org/services/>

Taken from website-----"Mission Statement: We provide compassionate support and resources to empower those in crisis every hour of every day. We do this by:

- Answering a volunteer-powered Crisis Line, 24 hours a day, 7 days a week, 365 days a year.

- Strengthening individual resilience through crisis intervention, resources, and referrals.
- Raising awareness of and expanding access to community services.
- Showing respect, empathy and compassion to all.
- Training our community to prevent suicide among seniors, adults and youth.
- Offering inclusive volunteer opportunities to members of the community.”

**Academic and Career Advising**

Hosts weekly drop-ins and appointments, and answers questions over text and email. <https://www.evergreen.edu/advising>

**Campus Food Bank and Basic Needs Center**

Parking lot c, Every 2nd and 4th Tuesday of the month, 2 pm - 4 pm

<https://www.evergreen.edu/communitybasedlearning/campus-food-bank-c-lot-distribution>

<https://www.evergreen.edu/care/advocacy-and-resource-center-arc-basic-needs-center>

Required Books: Our primary text-

Book Title	Crossing the Unknown Sea
Author	David Whyte
ISBN 13	9781573229142

### Materials:

Our art materials may be purchased as a kit through the campus bookstore. If you are not local and would like to purchase items individually at an art supply store, or better yet you think you may already have some, here is a list of what the kit contains, with the specific list of items from the bookstore on the page below:

1. 1 bottle of black india ink
2. Pad of watercolor paper (at least 8x8 inches, and pure cotton paper is the best choice though any paper will do.
3. Watercolor paint set (Cakes preferred, rather than tubes. Think the kind of paints children use, rather than tubes of paint!)
4. 2 Paintbrushes of different sizes. Preferably a “number 2 round brush” and a “number 12 round brush.”  
Essentially one small- very small, and one “regular sized. Like these but you only need 2:



Penelope Partridge, MAC, LMHCA, LMFTA

[partridp@evergreen.edu](mailto:partridp@evergreen.edu)



---

<b>Ink Black Magic Waterproof Higgins</b>	Quantity	Select Option BLACK \$4.99
<b>Pad Watercolor 8 X 8 140 Lb. 15 Sheet Cold Press Finish Fluid</b>	Quantity	Select Option New \$13.99
<b>Yakra Student Wc 10 Set</b>	Quantity	Select Option New \$6.99
<b>Brush Round #2 Short White Taklon Snap</b>	Quantity	Select Option New \$2.49
<b>Brush Round #12 Short White Taklon Snap</b>	Quantity	Select Option New \$4.50

## Part Two: The Work

---

### Learning Objectives

To gain career planning skills and devices for use with self and others, especially through using metaphor, myth, and archetypes as exploratory tools for the human journey.

To learn how to use art as an exploratory device for inner work, decision-making, and preference discovery.

To gain an understanding of two possible thresholds of career development.

To learn the differences and similarities between coaching, advising, and counseling roles.

To learn about the cultural history of labyrinths.

To learn to make and maintain a master resume.

To learn to use Informational Interviewing as a career tool.

**6 CR:** Choose final learning objective and submit with project proposal.

